



II ORDERS FOR THE PLAGUE. O. ELIZABETH II.







ENGLAND : Plague Orders, etc.

132

2013⁽¹⁾

G.XX.12

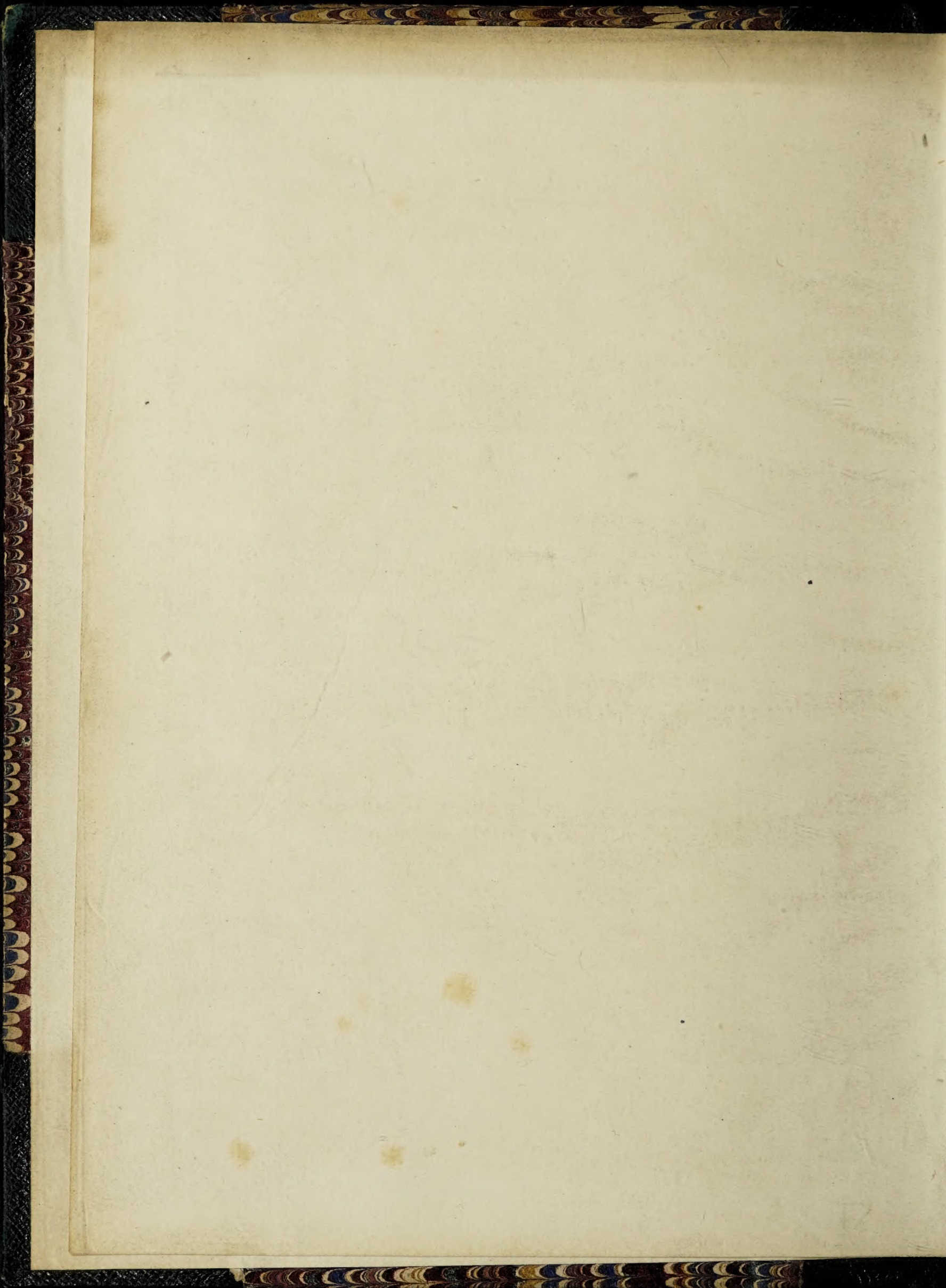
[1588?]

S.T.C 9195

65.D.13

30219

Payne
12/7/11



th
5
ex

3
M
ne

3

186

3

ORDERS,
thought meete by her
Maiestie, and her priuie Councell, to be
executed throughout the Counties of this Realme,
in such Townes, Villages, and other places, as are, or
may be hereafter infected with the plague, for
the stay of further increase of the same.



Also, an aduise set downe vpon her
Maiesties expresse commaundement, by the best lear-
ned in Physicke within this Realme, contayning sundry good
rules and easie medicines, without charge to the meaner
sort of people, aswell for the preservation of her good
Subiects from the plague before infection,
as for the curing and ordyng of them
after they shalbe infected.


Imprinted at London by Christo-
pher Barker, Printer to the Queenes
most excellent *Maiestie*.

p. 367

3

20219



 **O**rders thought
meete by her Maiestie and her priuie
Councel, to be executed throughout the Counties
of this Realme, in such Townes, Villages, and other
places, as are, or may be hereafter infected
with the plague, for the stay of fur-
ther increase of the same,

Inprimis, all the Iustices in euery
Countie, as well within the liberties
as without, immediatly vpon know-
ledge to them giuen, shall assemble
themselves together at some one ge-
nerall place accustomed, being cleare from infecti-
on of the plague, to consult howe these orders follo-
wing may be duely put in execution, not meaning
that any Iustices dwelling in or nere places infes-
ted, shall come thither whiles their comming may
be doubtful. And after their first generall assembly,
they shal make a Distribution of themselves to sun-
dry limits and diuisions, as in other common serui-
ces for the Countie they are accustomed to doe for
the prosecution thereof.

2 First, they shall inquire, and presently informe 2
themselves by all good meanes, what Townes
and Villages are at the time of such assemblie in-
fected within euery their Counties, and in what
Hundred or other diuision, the said Townes & Vil-
lages are, and howe many of the same places so in-
fected are corporat Townes, market Townes and
Villages, and shall consider of what wealth the in-
habitants

Orders to be obserued,
habitants of the same Townes and Parishes are,
to be hable to relieue the poore that are or shalbe in-
fected, and to be restrained in their houses.

3 3 Item, thereupon after conference vsed accor-
ding to the necessitie of the cause, they shall deuise
and make a generall taxation, eyther by charging
the Towne infected with one summe in grosse, or
by charging the speciall persons of wealth within
the same, to be forthwith collected for the rate of one
moneth at the first, and so if the sicknesse shall conti-
nue, the collection of the like summe, or of more or of
lesse, as time and cause shall require, and the same
to be euery first, seconde, third, or fourth weeke em-
ployed to and for the execution of the saide orders.
And in case some of the said Townes infected shall
manifestly appeare not to be of sufficient habilitie
to contribute sufficient for the charges requisite,
then the taxation or collection shalbe made or fur-
ther extended to other partes, or in any other fur-
ther limittes, as by them shalbe thought requisite
where there shalbe any such Townes or Villages
so infected, and vnable to relieue themselves. And
if the said Townes be scituated in the borders and
confines of any other shire, then as the Iustices
shal see cause and neede for the greatnesse of the
charge requisite, that the partes of the Shire ioy-
ning to the Townes infected be not hable, they shal
write their letters to the next Iustices of the other
Shire so confining, to procure by collection some
reliefe, as in like cases they are to relieue them, in
respect of neere neighbourhood of the place, and for
that the same infection may be the better stayed
from the said adioyning places, though they be se-
parated

against the infection of the plague.

parated by name of the Countie.

4 Item, they shal cause to be appointed in eue-
ry Parish aswell infected as not infected, certaine
persons to viewe the bodie of all such as shal die,
before they be suffered to be buried, and to certifie
the Minister of the Church and Churchwarden, or
other principal officers, or their substitutes, of what
probable disease the said persons died: and the saide
viewers to haue weekly some allowance, and the
more large allowance where the Townes or Pa-
rishes be infected, during the infection, towards
their maintenance, to the end they which shal be in
places infected, may forbear to resort into the com-
panie of others that are sounde: and those persons
to be sworne to make true report according to their
knowledge, and the choise of them to be made by
direction of the Curat of the Church, with three or
foure substantiall men of the Parish. And in case
the said viewers either through fauour or corrupti-
on, shal giue wrong certificat, or shal refuse to serue
being thereto appointed, then to cause them to be
punished by imprisonment, in such sort as may serue
for a terror to others.

5 Item, the houses of such persons out of the
which there shal dye any of the plague, being so
certified by the viewers, or otherwise knowen, or
where it shalbe vnderstood, that any person remai-
neth sicke of the plague, to be closed vp on all parts
during the time of restraint, viz. sixe weekes, after
the sicknesse be ceased in the same house, in case the
said houses so infected shalbe within any Towne
hauing houses neere adioyning to the same. And if
the

Orders to be obserued,

the infection happen in houses dispersed in Villages, and separated from other houses, and that of necessitie, for the seruing of their cattel, and manuring of their ground, the said persons cannot continue in their houses, then they to be neuertheless restrained from resorting into companie of others, either publicuely or priuately during the said time of restraint, and to weare some marke in their vppermost garments, or beare white rods in their hands at such time as they shall goe abroad, and if there be any doubt that the masters and owners of the houses infected, will not duely obserue the directions of shutting vp their doores, specially in the night, then shall there be appointed two or three watchmen by turnes, which shalbe sworn to attend and watch the house, and to apprehend any person that shall come out of the house contrary to order, and the same persons by order of the Iustices, shal be a competent time imprisoned in y^e stocks in the highway next to the house infected: and furthermore, some speciall marke shalbe made and fixed to the doores of euery of the infected houses, and where any such houses shall be Innes or Alehouses, the signes shalbe taken down for the time of the restraint, and some crosse or other marke set vp in the place thereof, to be a token of the sicknesse.

6 Item, they shall haue good regarde to chuse honest persons that either shall collect the summes assessed, or shall haue the custodie thereof, & out of the said collection to allot a weekly proportion for the finding of victuall, or fire, or medicines for the poorer sort, during the tyme of their restraynt. And whereas some persons being well disposed to yeeld almes

against the infection of the plague.

almes and reliefe, wil be more willing to giue some portions of victuall, as corne, bread or other meate, the same shall be committed to the charge of some speciall persons, that will honestly and truely preserve the same, to be distributed as they shall be appointed for the poore that are infected.

7 Item, to appoynt certaine persons dwelling within the towne infected, to provide and deliver all necessaries of victuals, or any matter of watching or other attendance, to keepe such as are of good wealth being restrained, at their owne proper charges, and the poore at the common charges: and the said persons so appoynted to be ordered, not to resort to any publique assemblee during the tyme of such their attendance, as also to weare some marke on their upper garment, or to beare a white rod in their hande, to the ende others may avoyde their companie.

8 Item, that in the shire towne in euery Countie, and in other great townes meete for that purpose, there may be provision bespoken and made, of such preseruatiues & other remedies, which otherwise in meaner townes can not be readily had, as by the Physicians shall be prescribed, and is at this present reduced into an Aduise made by the Physicians, and nowe printed and sent with the sayd orders, which may be fixed in market places, vpon places vsual for such publique matters, and in other townes in the bodie of the parishe churches, and chappells, in which aduise only such things are prescribed, as vsually are to be had and founde in all countries without great charge or cost.

Orders to be obserued,

- 9 9 Item, the Ministers and Curates, and the Churchwardens in euery Parish, shall in writing certifie weekly to some of the Iustices, residing within y^e Hundred or other limit where they serue, the number of such persons as are infected and doe not die, and also of all such as shall die within their Parishes, and their diseases probable wherof they dyed, and the same to be certified to the rest of the Iustices at their assemblies, which during some conuenient time would be euery xxi. Dayes, and thereof a particular booke kept by the Clerke of the peace, or some such like.
- 10 10 Item, to appoynt some place apart in each parish for the burial of such persons as shal die of the plague, as also to giue order that they be buryed after sunne setting, and yet neuerthelesse by Daylight, so as the Curate be present for the obseruation of the rites and ceremonies prescribed by the lawe, foreseeing as much as conueniently he may, to be distāt from the danger of infection of the person dead, or of the companie that shall bying the corse to the graue.
- 11 11 Item, the Iustices of the whole Countie to assemble once in xxi. Dayes, to examine whether those orders be duely executed, and to certifie to the lordes of the priuie Councell their proceedings in that behalf, what townes and villages be infected, as also the numbers of the dead, and the diseases wherof they dyed, and what summes of money are taxed and collected to this purpose, and howe the same are Distributed.
- 12 12 Item, the Iustices in the hundred, where a
ny

against the infection of the plague.

ny such infection is, or the Justices next adioyning therunto, to assemble once a week, to take accompt of the execution of the said orders, and as they finde any lack or disorder, either to reforme it themselves, or to report it at the generall assemblee there, to be by a more common consent reformed.

13 Item, for that the contagion of the plague groweth and increaseth no way more, then by the use and handling of such clothes, bedding and other stuffe as hath bene woyn and occupied by the infected of this disease, during the time of their disease: the sayde Justices shall in the places infected take such order, that all the saide clothes and other stuffe, so occupied by the diseased, so soone as the parties diseased of the plague are all of them either well recovered or dead, be either burnt and cleane consumed with fire: or els ayred in such sort as is prescribed in an especiall article conteyned in the Advice set downe by the Physicians. And for that peradventure the losse of such apparell, bedding and other stuffe to be burnt, may be greater then the poore estate of the owners of the same may well beare: it is thought very good and expedient, if it be thought meete it should be burnt, that then the said Justices, out of such collections as are to be made within their Counties for the reliefe of the poorer sort that be infected, allowe also to them such summe or summes as to them shall be thought reasonable, in recompence of the losse of their said stuffe.

14 Item, the said Justices may put in execution any other orders that by them at their generall assemblee shall be devised and thought meete, ten-

Orders to be obserued,

Ding to the preservation of her Maiesties subiectes from the infection, and to the end their care and diligence may the better appeare, they shall certifie in writing the sayde orders newly deuised, and if any shall wilfully breake and contemne the same or any the orders herein specified, they shal either presently punishe them by imprisonment, or if the persons so contemning them, shall be of such countenance as the Iustices shall thinke meete to haue their faults knownen to her Maiestie, or to the Councell, they shall charge and binde them to appeare before vs, & the contempt duely certified, that there may bee a more notozious sharpe example made by punishment of the same by order of her Maiestie.

15 15 Item, if there be lacke of Iustices in some partes of the shire, or if they which are Iustices there shall be for the tyme absent, in that case the more number of the Iustices at their assemblie shal make choyse of some conuenient persons to supply those places for the better execution hereof.

16 16 Item, if there be any person Ecclesiastical or laye, that shall holde and publishe any opinions (as in some places report is made) that it is a bayne thing to forbear to resort to the infected, or that it is not charitable to forbid the same, pretending that no person shall dye but at their tyme prefixed, such persons shalbe not onely reprehended, but by order of the Bishop, if they be ecclesiasticall, shalbe forbidden to preache, and being laye, shalbe also enioyned to forbear to vtter such dangerous opinions vpon payne of imprisonment, which shall be executed, if they shall perseuer in that error. And yet it shall ap-
peare

against the infection of the plague.

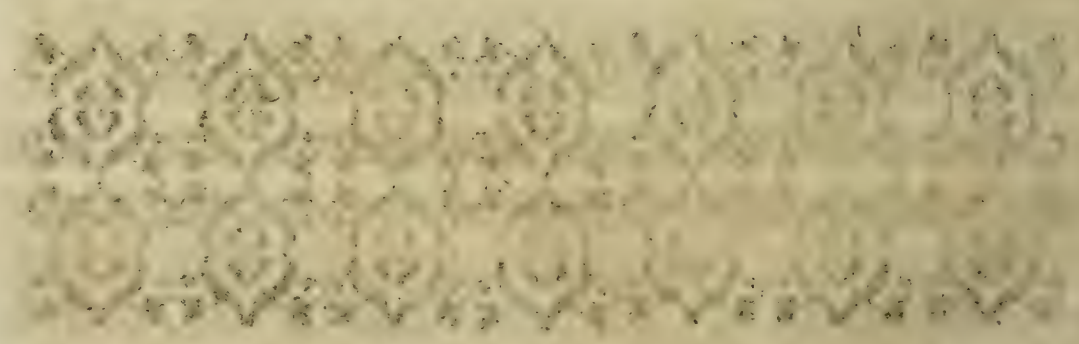
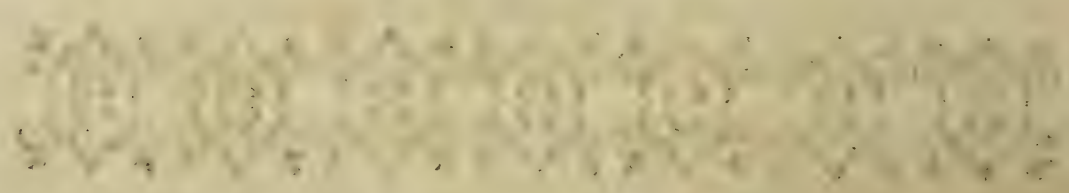
peare manifestly by these orders, that according to Christian charitie, no persons of the meanest degree shalbe left without succour and reliefe.

17 And of these things aboue mencioned, the 17 Justices shall take great care, as of a matter specially directed & commanded by her Maiestie vpon the princely and naturall care shee hath conceived towards the preservation of her subiectes, who by very disorder, and for lacke of direction do in many partes wilfully procure the increase of this general contagion.



...
...
...

...
...
...
...
...
...
...



An aduise fet dovvne

upon her *Maiesties* expresse comman-
dement, by the best learned in Physicke within this
Realme, contayning sundry good rules and easie medi-
cines, vvithout charge to the meaner sort of people,
as well for the preservation of her good Sub-
iectes from the plague before infection,
as for the curing and ordning of
them after they shal be
infected.

Preservatiue by correcting the aire
in Houses.



Take Rosemarie Dried, or Iuni-
per, Bayleaues, or Frankincense, Preserva-
tiues.
cast the same on a Chafindish,
and receiue the fume or smoke
therof: Some aduise to be ad-
ded Lauender, or Sage.

Also to make fires rather in
Dannes, to remoue about the
Chamber, then in Chinneis, shall better correct
the aire of the Houses.

Take a quantitie of Vineger very strong, and
put to it some small quantitie of Rosewater, teene
branches of Rosemarie, put them all into a basen,
then take fiiue or sixe Flintstones, heated in the fire
till they be burning hotte, cast them into the same
Vineger, & so let the fumes be receiued from place
to place of your house.

Perfu-

The Aduise

Perfuming of Apparel.

Such apparel as you shal commonly weare, let it be very cleane, and perfume it often eyther with some red Saunders burned, or with Iuniper. And if any shal happen to be with them that are visited, let such persons as soone as they shal come home, shift themselves, & aire their other clothes, in open aire for a time.

Preseruation by way of defence in open
aire, and common assemblies to
be vsed outwardly.

It is good in going abroade into the open aire in the streetes, to hold some things of sweete sa-
uour in their hands, or in the corner of a hand-
kercheife, as a sponge dipped in Vineger & Rosewa-
ter mixed, or in Vineger, wherein Wormewood, or
Rue called also Herbegrace, hath bene boyled.

Preseruatine by way of inward
medicine.

Take a quantitie of Rue, or Wormewood, or of
both, and put it into a potte of vsuall drinke,
close stopped, let it lie so in steepe a whole
night, and drinke thereof in the morning fasting.

In all Sommer plagues, it shalbe good to vse
Sorrel sauce to be eaten in y^e morning with bread,
And in the fall of the lease to vse the iuice of Bar-
beries with bread also.

Mens

of the Physicians.

Mens bodies
are apt to take
infectiō, either

By the constitution of the heart,
the vitall spirites being weake,
and the naturall heate feeble, in
which case thinges Cordiall are
to be vsed.

Good, and then
is the party to
be let blood.

By repletion,
the body being
filled with hu-
mors, either

Euill, and then
is hee to be cu-
red with medi-
cine purgatiue.

Preseruatiues Cordialls.

Mithridates Medicine.

TAke of good Figges not worneaten, cleane
washed, of Walnuts ꝑ kernels cleane picked,
of either of them an hundred, of the leaues of
greene Rue, otherwise called Herbgrace, ꝑ weight
of ii. s. of common Salt the weight of iiii. D. cut
the Figges in pieces, and stampe them and the
Walnut kernels together in a mortar of Marble
or wood a good space, vntil they be very smal, and
then put your Rue leaues vnto them, stampe and
stirre them well together with the rest, last put in
the Salt and stampe and stirre these things toge-
ther, vntill they be encoꝝporated and made of one
substance. Of the which take the quantitie of ii. or
iii. Figges euery morning fasting, to children the
halfe will serue, and he that listeth to increase or di-

L. i.

minish

The Aduise

minish the substance of this Medicine, shall easely do it, by taking of a greater or lesse quantitie of the simples according to a due proportion.

A well approued Medicine to
preferue.

TAke of the finest cleare Aloes you can buy, in colour like to a Liner, and therefore called Hepatica, of Cinamō, of Myrrhe, of ech of these the weight of iii. French crownes, or of xxii. d. of our money, of Cloues, Maces, Lignum Aloes, of Masticke, of Bole Oriental, of ech of these half an ounce: mingle them together and beate them into a very fine powder. Of the which take euery morning fasting the weight of a grote of this in white wine delayed with water, and by the grace of God you shall be safe from the plague. No man which is learned, if he examine the simples of this medicine whereof it consisteth, and the nature and power of them, can denie but that it is a medicine of great efficacie against the plague, and the simples whereof it is made, are easily to be had in any good Apothecaries shoppe, except Bole Orientall, which is vsed in the stead of true Bolus Armenus, whereof we haue seene great store in the shopps of master Rich the Queenes Maiesties Apothecarie, and master Morgans in Cheaplyde.

Take a drie Figge and open it, and put the kernel of a Walnut into the same being cut very smal, iii. or iiij. leaues of Rue commonly called Herbgrace, a corne of Salt, then rost the Figge & eate it warme, fast iii. or iiij. houres after it, and vse this twoyse in the weeke.

Take

of the Physicians.

Take the powder of Turmentill, the weight of vi. d. with Sorrell or Scabious water in Sommer, and in winter with the water of Valerian or common drinke.

Or els in one day they may take a litle Wormewood, and Valerian with a graine of Salt. In another day they may take vii. or viii. berries of Juniper, dried and put in powder, and taking the same with common drinke, or with drinke in which Wormwood and Rue hath bene steeped al y night.

Also y triakle called Diatefferou, which is made but of iiii. things of light price easie to be had.

Also the roote of Enula Campana, either taken in powder with drinke, or hanged about the brest.

Likewise a piece of Arras roote kept in y mouth as men passe in the streetes, is very good Cordiall.

Take vi. leaues of Sorrell, wash them with water and vinegar, let them lye to steepe in the said water and vinegar a while, then eat them fasting, and keepe in your mouth and chewe now or then either Setwall, or the roote of Angelica, or a litle Cinamon.

Take the roote of Enula Campana being layde and steeped in vinegar, & grosse beaten, put a litle of it in a handkercheife, and smel to it if you resort to any that is infected.

For women with childe, or such as be delicate and tender, and cannot away with taking of medicines.

Make a tost of white or of the second bread, as you thinke good, and sprinkle on it being hotte a litle good wine vinegar, made with

L.ii.

Rose

The Aduise

Rose leanes, and for want of it any good common
or vſed vineger, & ſpreade on the toſt a litle butter,
and caſt thereon a litle powder of Cinamon, and
eate it in the morning faſting. The poore which
can not get vineger nor buy Cinamon, maye eate
bread and Butter alone, for Butter is not onely a
preſeruatiue againſt the plague, but againſt all
maner of poyſons.

When one muſt come into the place where in-
fectious perſons are, it is good to ſmel to the roote
of Angelica, Gentian or Valerian, and to chewe any
of theſe in his mouth.

An other preſeruatiue for
the poore.

It ſhalbe good to take an handfull of Rue, and
as much common Wormwood, and brufe them
a litle: and put them into a pottle of Earth or
Clinne, with ſo much Vineger as ſhall couer the
herbes: keepe this pot cloſe couered or ſtopt, and
when you feare any infection, dippe into this Vi-
neger a piece of a ſponge, and carie it in your hand
and ſmell to it, or els put it into a round ball of
Yuorie or Iuniper made ful of holes of the one ſide,
carying it in your hand vſe to ſmell thereunto, re-
newing it once in a Day.

To be vſed after infection taken.

Curatiues.

For as much as the cauſe of the plague ſtan-
deth rather in poyſon, then in any putrifac-
tion of humours as other agues doe, the chie-
feſt

of the Physicians.

best way is to moue sweatings, and to defend the heart by some cordiall thing.

Suppositary.

If the Patient be costive and bound in his bodie, let him take a Suppositarie made with a litle boyled Honney, and a litle fine powder of Salt, and so taken in at the Fundament and kept till it moue a stoole.

An excellent Medicine made without charges.

TAke of the powder of good Bayberries, the huske taken awaye from them, before they be dried, a spoonesfull: Let the Patient drinke this, well mingled in a draught of good stale Ale or Beere, which is neither sowre nor dead, or with a draught of white Wine, and go to bedde and cast himselfe into a sweat, and forbear sleepe as is aforesaid.

An other soueraigne remedie, that is a stilled water.

TAke the inwarde barke of the Ashe tree, a pound, of Walnuts with the greene outward shelles, to the number of 50. cut these small, of Scabious, of Veruen, of Petimorel, of Howsleeke, of euery one a handfull, of Saffron halfe an ounce, powre vpon these y^e strongest Vineger you can get foure pynts, let them a litle boyle together vpon a very soft fire, and then stand in a very close potte well

The Aduise

well stopt all a night vpon the embers, afterwarde
Distill them with a soft fire, and receyue the water
close kept. Giue vnto the Patient layd in bedde &
wel coucred with clothes, two ounces of this wa-
ter to Drinke, & let him be prouoked to sweate, & eu-
ry sixe houres, during the space of xiiii. houres,
giue him the same quantitie to Drinke. This Me-
dicine for the worthines therof, and because it wil
stand the maker thereof in little charge, it shall be
very well done to distill it in the Sommer when
the Walnutt hang greene on the tree, that it maye
bee ready against the time that occasion serueth
to vse it.

1. *Bloud letting.*

If the Patient be ful of humors which be good,
let him immediatly be let bloud vpon the Ly-
uer veine in the right arme, or in the Median
veine of the same arme (if no soze appeare) in the
first day.

2. *Medicine purgatiue.*

For the poore take Aloes y^e weight of vi. d. put
in the pappe of an Apple: and for the richer
Pilles of Rufus to be had in euery good Apothe-
caries shoppe.

After letting of bloud and purging (as shall be
needfull) some of the forenamed Cordials are to
be vsed.

These preparations thus vsed y^e first day that
the Patient shall fall sicke, as cause shalbe to vse
the one or the other (no soze appearing) in which
case

of the Phyficians.

case if the foze ſhal appeare, they are both to be forborne, the next is to vſe all meanes to expell the poyſon, and to defend the heart by Cordials.

3. Medicament expulſiue.

The poyſon is expelled beſt by ſweatings prouoked by poſſet Ale, made with Fenel & Marigolds in Winter, and with Sorrell, Bugloſſe and Borage in Sommer, with the which in both times they muſt mixe the triacle of Diateſſaroum, the weight of ix. d. & ſo to lay them ſelues with all quietnes to ſweat one halfe houre or an houre, if they be ſtrong. For they that be neither full of humors nor corrupt in humors, neede neither purging nor letting of bloud, but at the firſt plunge maye moue themſelues to ſweat with Cordiall things mixt with ſuch things as moue ſweat, and are befoze declared.

What is to be done when there is any riſing or ſwelling in any part.

Then if by theſe three meanes the poyſon be expelled outward by Botches, carbuncles or markes, called Gods markes, according as nature doth expell, ſo muſt the further proceedings be, prouiding ſtill, that they continue ſtill in the vſe of the cordiall and moderate ſweating now and then, al the time that the ſozes be in healing, which muſt by the Surgeon be handled with great diſcretion.

The Aduise

Medicine to be vsed in ordinarie dyer.

It is thought that the powder of harts horne hath a speciall prerogatiue, to be vsed al the time of their sickenelle in their broths, and supping, which in Sommer must euer haue Sorrell, Borage, Buglosse, and in winter, Betony, and Scabious, or Morfus Diaboli, and if their habilities do not serue, let them vse it with Aleburies made with a litle Nutmegge, or one Cloue, or with Cawdelles in like maner made with Cloues, Maces, Nutmegges, Sanders or such like.

Both to preferue and cure the
sickenesse.

Take an egge & make a hole in the toppe of it, take out the white & yelke, fil the shel with the weight of two frech crownes of Saffron, rost the said egge thus filled with Saffron vnder the embres, vntill the shell begin to waxe yelow, then take it from the fire, and beate the shel and Saffron in a mortar together, with halfe a spoonefull of Mustard seede, take of this powder a french crown weight, and as soone as you suspect your self infected, dissolue it into tenn spoonfulls of posset ale, & drinke it luke warme, then go to bed and prouoke your selfe to sweating.

To be vsed in the first time of
the Sickenesse.

Another is to take fve or sixe handefull of Sorrel, that groweth in the field, or a greater quantitie according as you will distill
more

of the Physicians.

more or lesse of the water thereof, and let it lye
infrised or steeped in good Vineger the space of
xxiii. houres, then take it of & drie it with a linen
cloth put into a Limbecke, and Distill the water
thereof: And assoone as you finde your selfe tou-
ched with the sicknesse, Drinke foure spoonfulls
of the sayde water with a litle sugar, and if you be
hable, walke vpo it vntil you do sweate, if not, keep
your bed, and being well couered, prouoke your
selfe to sweating, and the next day to take as much
againc of it a litle before supper.

Item, to prouoke vomit with two ounces of
rancke oyle, or walnutte oyle, a spoonfull of the
iuyce of Celendyne, & halfe a spoonfull of the iuyce
of radice roote, so that the party infected do walke
and not sleepe, is better then any letting of blood,
or any purging. For the disease neither can suffer
agitatio of humors, nor when one is infected, hath
no time to bleede or to purge.

Outward medicines for to be ap- plied to the sore.

The first.

Take of Scabiouse two handfulls, stampe it in
a stone morter with a pestell of stone if you
can get any such, then put vnto it of olde
swyns grease salted, two ounces, and the yelke
of an egge, stampe them well together, & lay parte
of this warme to the sore.

D.i.

The

The Aduise

The second.

Take of the leaues of Mallowes, of Camomill flowers, of eyther of them an handfull, of Lineseede beaten into pouder two ounces, boyle the Mallowe leaues first cut, and the flowers of the Camomil in faire water standing aboue a fingers breadyth, boyle all them together vntill all the water almost be spent: then put thereunto the Lineseede, of Wheate flower halfe an handfull, of Swines grease the skins taken away iii. ounces, of oyle of Roses two ounces, stirre the still with a sticke, and let them all boyle together on a soft fire without smoke, vntill the water be vtterly spent, beate them all together in a mortar, vntill they be wel encozporated together, & in feeling smooth, & not rough: then make part thereof hot in a dish set vpon a chafindish of coales, & lay it thicke vpon a linnen cloth applying it to the soze.

Another excellent medicine to ripen and bring out the Sore.

Take a white Onion cut in pieces, of fresh butter three ounces, of Leuen the weight of twelue pence, of Mallowes one handfull, of Scabious if it may be had one handfull, of Cloues of garlick the weight of xx. d. boyle them on the fyze in sufficient water, and make a pultesse of it, and lay it warme to the soze.

Another.

To the soze it selfe do thus. Take two handfull of Valerian, three rootes of Danewort, a handfull of Smalledge, or Louage, yf you can get

of the Physicians.

get it, seethe them al in butter and water, & a few
crommes of bread, and make a pultesse thereof, &
lay it warme to the soze vntill it breake.

Another for the same.

If you can not haue these herbes, it is good to
laye a loafe of bread to it, hot as it commeth out
of the ouen, (which afterward shal be burnt or
buried in the earth) or the leaues of Scabious or
Sorrell roasted, or two or thre Lillie rootes roasted
vnder embers, beaten and applied.

A generall medicine for all sorts of people
taken with the plague, to be had
without cost.

Take of y^e roote of butter burre, other wise cal-
led pestilēt wort, one ounce, of y^e root of great
Valerian a quarter of an ounce, of Sorrel an
hādful, boyle al these in a quart of water to a pint,
then straine it and put thereto two spoonfulles of
Vineger, two ounces of good Sugar, boyle all these
together vntill they be wel mingled, let y^e infected
Drinke of this so hotte as he may suffer it a good
draught, and if he chaunce to cast it vp againe, let
him take the same quantitie straight way vpon
it, and prouoke himselfe to sweat, and he shal finde
great helpe.

Time of continuance apart from com-
mon assemblies.

Such as haue bene infected, should keepe their
house without being conuersant with the
whole, vntill the sozes shall haue left running

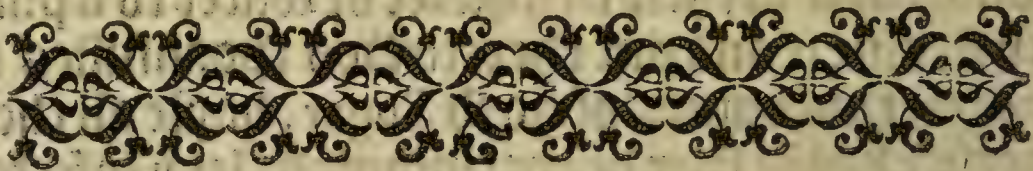
The Aduise of the Physicians.


and be perfectly whole and sound, which in sanguine & cholericke persons will be healed sooner, then in melancholike & flegmatike complexions.

Such persons may not wel be conuersant with them which are not infected, for the space of one moneth.

Infected clothes.

The cōtagion suspected to remaine in clothes, either wollen or linnen, cannot wel be auoyded by better meanes, then by fire and water, by often washing & airing the same in frosts, and sunne shine, with good discretion, and burning the clothes of small value.



 Imprinted at London by Christopher Barker, Printer to the Queenes most excellent Maiestie.

(::)

